Hi, my name is Dave Cornacchia, and I am excited to be a head coach this year for our Ottawa Valley Silver Seven U10A program for the 2023-2024 season. Playing competitive hockey is a privilege. I am looking forward to a fun season ahead, developing more like-minded skilled hockey players. On behalf of the Silver Seven association, I would like to encourage all the 2014 birth year players in our district to come and try out for our program. This upcoming U10 season will continue to set a solid foundation for all the 2014 players early on in their minor hockey paths. Please visit the S7 website on a regular basis to check for registration information and tryout details.

I have been fortunate to have coached and worked with many competitive minor hockey teams over the years. I am looking forward to using my previous experiences to help challenge, improve and grow the skill sets of all these U10 players. Hockey has been and is a big part of my life. Giving back to our community as a volunteer coach and sharing my knowledge and passion for the game is something I'm very grateful for. I truly enjoy being part of our hockey community, and a part of our OVSS hockey association.

Our U10 practice sessions will be high tempo, fast-paced with lots of skating and skill development. Positive reinforcement will always be used, both on, and off the ice. Players learn in all different ways. Getting to know the players inside and out is always a coaching priority. I have a firm approach; players will be challenged, and a detailed season plan is in place for our U10 team skill development program. I will work with all players to increase their love for the game, their understanding of the game, improve individual skill sets while encouraging all players to make good hockey decisions on the ice. Building competitive players through lots of feedback and correction is a big philosophy of mine. Hockey players make hockey plays! Teamwork will be strongly encouraged to help develop hockey sense and game play awareness.

As a competitive team, all team events, whether they be games, practices, off-ice training, or team building, are mandatory. You can expect up to 4-5 team events per week. All families, players, coaches, and parents will be and are the foundation of a successful hockey season. Be committed, be accountable, be a great teammate, be honest, trust each other, respect the game, and together we will all continue to promote our teams' values and culture.

Enjoy your summer and I look forward to seeing everyone back at the rinks in September! If you have any questions, please email me anytime: <u>david@edgehockey.ca</u>

Dave Cornacchia, Head Coach U10A OVSS