

My name is Jonathan Bergeron and I am truly humbled and honoured to be coaching the U12AA S7 team for the 2022-2023 season. On behalf of the entire Silver Seven association, I would like to welcome all players trying out for this team. I would also like to take this opportunity to introduce myself and give you an overview of my coaching philosophy and my expectations for the year.

I have been around the game pretty much my entire life and I am very much looking forward to getting back behind the bench with this group. My main goal will be to continue to develop these kids as hockey players, but also, and most importantly, as young people. Focusing on things like respect and hard work, while continuing to learn the importance of communication, responsibility and being a great teammate are just a few examples of focus areas for the season.

In terms of on ice, over the course of the season, my main focus points will be continuing to build on foundational skills, while implementing new and expanded technical and tactical skills. The coaching staff will work with all the players to increase their understanding of the game and improve their ability to make decisions quickly and effectively. I like my practices to be focused, prepared, high tempo, and high intensity. Working hard in practices will definitely be an expectation.

While there will be lots of hard work, competition, learning and growing, I would also like the rink to be somewhere these kids want to go. Where they love to go. I want to make sure we have time for fun and time for work. I want these kids to enjoy the season, build friendships, create memories, and develop confidence. The coaching staff and myself will do everything we can to ensure this happens.

As with any competitive sports team, commitment and communication play major roles. To be successful they are required on everyone's part, from the bench staff to the players to the parents. I will be making sure the communication is constant and clear, and I will ask for the same for all members of the team.

Being a AA team, all team related events will be considered mandatory. This will include games, practices, tournaments, off-ice training or team building. You can reasonably expect 4-5 team events per week, and we will do our best to incorporate on and off ice sessions weekly. The coaching staff approach will be leadership by committee, and we will take advantage of having multiple resources at our disposal by getting lots of individuals involved throughout the year. Skill, skating, and fitness sessions are a few examples of areas we will bring in experts to assist with. Our collective focus will be to ensure each young athlete has the best year possible.

There will be 5 tournaments this year with 3 out of town. You will be expected to travel a day before a game.

My expectations for the players will be clearly presented at the start of the season. In short, listening and working hard will be the minimum. I will expect a lot out of them, and in turn, they should expect the same out of myself and the rest of the coaches.

I want to wish every player nothing the best of luck during the tryouts and I look forward to seeing everyone at the rink. If you have any questions please contact me at Jonathan.bergeron04@gmail.com.

Thanks

Jonathan Bergeron