Hi folks -- my name is Pete Shaughnessy, and it is a great honour and privilege to be the coach for this year's Silver Seven U11 A team.

This is my fourth year in the S7 organization. I started as a room monitor, joined the executive as the Almonte-Pakenham MHA rep for Hockey Operations, and in the last two years have been involved as an assistant coach and head coach. I've been coaching hockey since 2014, when my oldest son started in IP.

As a coach, I strongly believe that when kids are engaged and motivated to learn and grow, fun is a natural outcome, and success is inevitable. When kids come to the rink loving the game, you see their very best -- as individuals, and as a team. I've seen how well teams can do when each player supports and encourages all of their teammates. It makes all our time together rewarding, productive, and so much fun.

Together, we will work on continually improving fundamentals, compete level, and teamwork. I will look to the players to build on their awareness of the game, their decision-making, and their physical and mental well-being.

For tournaments, we will be entering S7's own Capital Fall Classic, the Silver Stick (Cobourg), Preston International (Cambridge), and another local tournament.

I look forward to an amazing year, having great fun as we get stronger together every outing. We'll learn from our losses, celebrate the big and small victories along the way, and meet each challenge with our best effort.

I wish the players the best of luck in the tryouts, and look forward to seeing you all at the rink. If you have any questions, please reach me at pete@silversevenhockey.com.

Thanks very much!